

 GREEN THUMBS
GARDEN CAFE



Gardening for Food

Presented by



Presentation Outline

TOPICS FOR TODAY

Why Do We Garden?

Growing & Buying Our Food

Why Grow Food

History of Edible Landscaping

Garden Sizes



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THE LOVE OF
GARDENING IS A SEED
ONCE SOWN THAT
NEVER DIES.

GERTRUDE JEKYLL

PLANTING WISDOM

Why Do We Garden?

A WONDERFUL HOBBY

Presentations are communication tools that can be used as demonstrations, lectures, speeches, reports, and more. It is mostly presented before an audience.

Why Grow Food

ENVIRONMENTISM

Growing your own food can be good for the global ecosystem

AFFORDABLE

You can save time, money, and have better quality

SUSTAINABLE

By creating a home garden, your life and health can be improved



GROWING FOOD

Having control over your food source starts by growing and harvesting your own food .



BUYING FOOD

Travel costs, sourcing quality, availability, and many other factors can affect your quality of food and your life.



○ FRUITS

Fruit can increase your health and vitality, and also make a nice presentation for a meal.

○ HERBS

Many common herbs that are not only healthy , but easy to grow, can increase your garden size and the flavors in your cooking.

○ VEGETABLES

Vegetables are extremely important for your body to have the proper nutrients you needs to thrive.

○ FLOWERS

Flowers have so many uses, either as gift to brighten someone's day, or some even fragrances can be healing.





70%
OF GARDENERS
GROW VEGETABLES



30%
GROW OTHER TYPES
OF FOOD





History of Edible Gardens

A CULINARY TRADITION

Going back thousands of years,
gardening has sustained
communities by adding many
healthy components to a good
meal!

8 out of 10

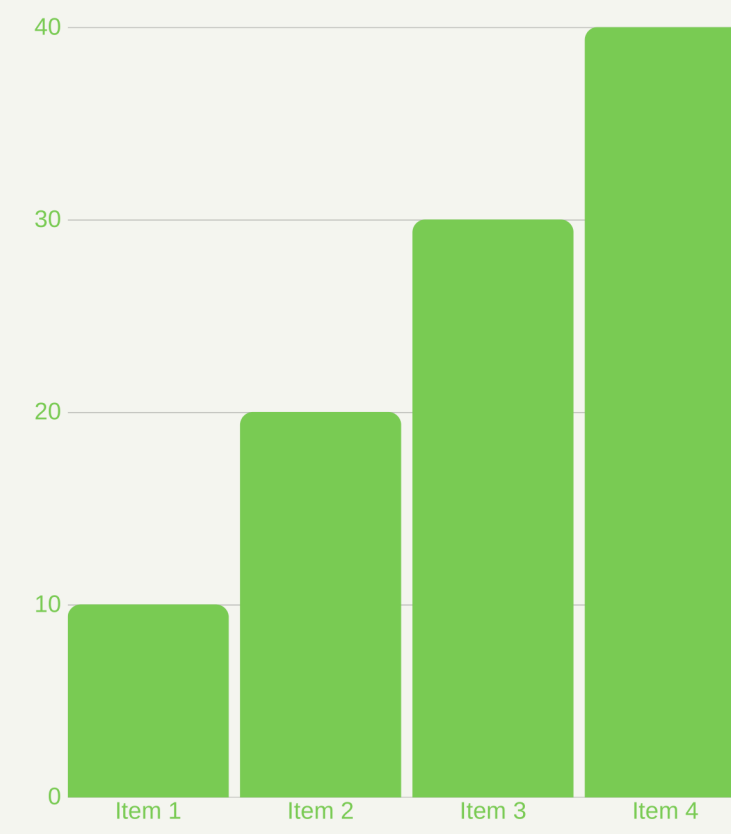
LOCAL CHEFS GROW
THEIR OWN INGREDIENTS

Some of the highest quality
restaurants know that it's best to
grow your own food, or at very
least source locally and organic
so the food is fresh.



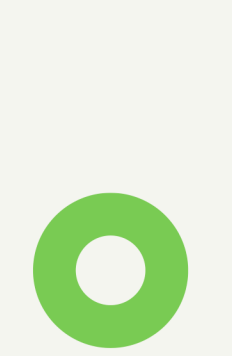
HERE'S A FACT

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Garden Sizes

HOW BIG SHOULD
YOUR GARDEN BE?



TYPES OF EDIBLE GARDENS

CONTAINER GARDENS

These are good for a back porch or urban setting where space is limited.

GREENHOUSE GARDENS

Having a greenhouse allows you to grow from seed and have better control of the environment of the plants.

VERTICAL GARDENS

A great option for an urban setting, but jsut a good use of space if done correctly.

PLOTTED GARDENS

Growing a decent size garden on a plot of land can be more work but also allows your to grow more food and plants.

Easy Veggies to Plant

OUR TOP FIVE PICKS



Carrots



Peas



Cucumbers



Pumpkins



Radishes

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START PLANTING

Our Garden Guide



COOK WHAT
YOU'VE PLANTED

Plants for the Season

KEEP TRACK OF THE CALENDAR



SPRING

Get ready! Be prepared with a good plan for spring planting and maintenance.



SUMMER

Now that your garden is planted you'll want to keep track of the weather and make sure you water properly



FALL

Fall is a good time to clean up, continue to harvest fall plants, and prepare for the next year.



WINTER

A good time to take a break and plan for growing your garden more efficiently for the next season



CARING FOR THE GARDEN



REMOVE WEEDS

A tedious and time consuming process, that allows your plants to have more room to grow and more available nutrients in the soil.



SETUP A DRIP SYSTEM

A drip system can save you a lot of time and efficiently keep your plants watered and healthy.



USE ORGANIC MATERIALS

Organic food must come from a chemical free soil and growing process, which provides a tastier and healthier product.





TEAM WORK MAKES THE
DREAM WORK!!!

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Important Reminders

MAKE THE MOST OF
YOUR GARDEN

PLOT CAREFULLY

Make sure you research each plant so you know how much space it needs.

MONITOR WATER

Without proper monitoring, some plants will thrive while others will wilt or die.

BE BEE-FRIENDLY

Having an apiary or planting flowers that attract bees will improve the health of your gardens.

SAVE THE BEES!!!

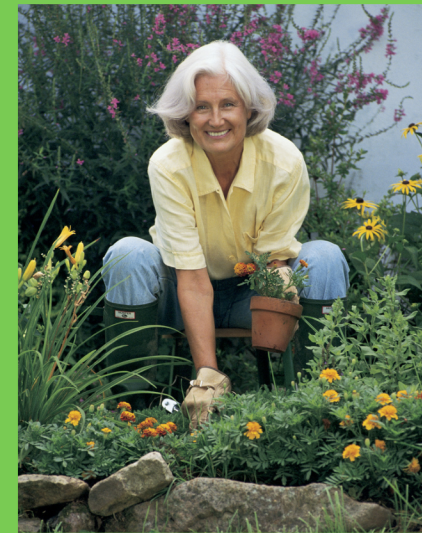


**What's the
best part of an
edible garden?**

ENJOYING THE FRUITS (AND
VEGETABLES) OF YOUR LABOR!



It serves a variety of purposes,
making them powerful tools for
convincing and teaching.



START GROWING
THE GARDEN FOR
YOUR KITCHEN!



www.BunnysFlowers.org

